

ALICE IVASHINA

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EDUCATION

- 2023 – PRESENT** **NEW YORK UNIVERSITY, SILVER SCHOOL OF SOCIAL WORK** **New York, NY**
Master of Social Work (MSW) Candidate
Projected Graduation: May 2025
- 2020 – 2023** **HUNTER COLLEGE, CITY UNIVERSITY OF NEW YORK** **New York, NY**
Bachelor of Arts (BA), Clinical Psychology

LANGUAGES & ETHNICITY

Languages: Russian (advanced), English (native)
Ethnicity: Ukrainian-American (first-generation American)

EXAMS & CERTIFICATIONS

February 2025 **ASWB Masters Examination**
Scored 127. Passing score 98. Awaiting licensure.

WORK EXPERIENCE

- September 2024 – present** **Mount Sinai Social Work Intern**
New York, New York
Intern 21 hours per week at the Mount Sinai 1468 Madison Avenue campus, serving patients of both the Pediatric Endocrinology and Adult Irritable Bowel Disease (IBD) clinics.
Meet with patients individually to assess for need and provide mental health services and counseling.
Utilize Cognitive Behavioral Therapy techniques to assist patients in coping with chronic illness.
Facilitate a regular drop-in support group for adult caregivers of children with Type 1 Diabetes.
Visit newly admitted and diagnosed diabetes patients at bedside to assess for mental health and logistical needs.
- September 2023 – May 2024** **Roads to Success Social Work Intern**
New York, New York
Interned 21 hours per week at the PS/MS 57 campus, serving elementary and middle school children.
Met with students one-on-one and in small groups to provide mental health services and counseling.
Collaborated with school counseling team to conduct Independent Progress Reports (IPRs) with each middle school student.
Designed and presented monthly themed presentations to classrooms (Ex: diversity, kindness).
Facilitated school-wide events such as clothing/food drives, and holiday celebrations (Ex: Thanksgiving potluck, winter gift giveaway).
- March 2022 – August 2022** **Crisis Text Line Volunteer**
New York, New York
Consistently use techniques from training to speak to texters in a way that makes them feel heard and provides them with help that is tailored to their individual needs. Assist supervisors in conducting active rescues of high-risk texters.
- June 2021 – August 2024** **Steve and Kate's Summer Camp at Bright Horizons Counselor**
New York, New York

Fostered a Montessori-style setting with 4-11 year old children, engaging with them in daily activities including sewing, filmmaking, gym activities, meals, and classroom games.
Took on the role of Lead Sewing Instructor for two years, facilitating a classroom independently.
Effectively communicated with coworkers and supervisors to create a seamless experience for children and their caregivers.
Worked eight hour shifts, five days a week and frequently stayed over-time to help coworkers and assist with dismissals.

December 2020 – June 2023

Teens for Food Justice After School Program Facilitator

New York, New York

Developed curriculum and taught high school students about hydroponic farming and food justice activism.

Program ended with a culminating project decided on by the students.

Maintained the farm by tending to crops, pollinating, gathering crop data, and implementing pest control.

Partnered with Training Opportunities Program (TOP) to provide students with work skills and experience.

Was a panelist at Hunger Free America virtual event and a guest speaker at the Coalition for Healthy School Food class.

RESEARCH EXPERIENCE

August 2022 – 2023

Undergraduate Research Assistant

Hunter Emotion, Anxiety, and Repetitive Thinking Laboratory

CUNY Hunter College, Department of Psychology

Supervisor: Evelyn Behar, Ph.D.

Worked with Dr. Behar and Kara Buda (Ph.D. candidate) to troubleshoot software for study on correlates of sleep dysfunction, trained to run participants through the experimental protocol, inputted data from pre-screens.

Worked with David Yap (Ph.D. candidate) and Tal Eliyahbu (M.A. student) to transcribe participant audio recordings.

Worked with Dr. Behar to fulfill miscellaneous lab-related tasks (e.g., designing posters, study materials, etc.).

PUBLICATIONS

September 2023

Conference Poster: The Moderating Role of Vaccine Confidence in the Relationship Between Anxiety Sensitivity and Vaccine Side Effects ([poster link](#))

David Yap¹, Danielle Lacero², Alice Ivashina² & Evelyn Behar²

CUNY Graduate Center¹, Hunter College²

Presented at Association for Behavioral and Cognitive Therapies (ABCT) 57th Annual Convention

POPULAR MEDIA OUTLETS

March 2020

NowThis News ([video](#) on hydroponic farming)

COMMUNITY SERVICE

November 2020 – 2021

Roosevelt Island Residents Association Board and Committee Member

New York, New York

Was elected onto the board and joined the Children, Youth, and Education Committee and Island Services Committee. Worked closely in board meetings with RIRA President Rossana Cernuzzi on issues and projects including fixing sidewalks, improving traffic safety between bikes and pedestrians, installing more lamp-posts for better nighttime lighting, and curating an art gallery of children's art.